

DRS. COLEMAN, COLEMAN & FORAN

ORAL & MAXILLOFACIAL SURGERY



PRE/POST OP PREPARATION



Before Surgery:

Please arrange in advance for a responsible adult (18 years or older) to drive you home and remain with you the first 24 hours after surgery. You cannot drive yourself home or be left alone.

You must have **NOTHING TO EAT OR DRINK, NOT EVEN WATER, FOR 6 HOURS PRIOR TO SURGERY.** You may brush your teeth, remembering not to swallow anything. Refrain from the use of mints or chewing gum as well. To do otherwise may be life threatening, and we will be unable to perform your surgery. If you have been advised by your doctor to take any medication prior to your surgery, you may have a small sip of water to do so.

Wear loose, comfortable clothing. **Please wear short sleeves or a shirt that can be easily rolled up past the elbow.**

Refrain from wearing fingernail polish, lipstick and contact lenses.

Day of Surgery:

It is our policy to require each patient to have a family member (or person giving the patient a ride home) to remain in the building at all times. Otherwise, your case will be cancelled.

Your family will be asked to wait in our comfortable waiting room where wireless internet access is available.

Be prepared to sign a form giving your consent for the operation. If the patient is under 18, the parent or legal guardian must accompany the child and sign the consent form.

Please arrive promptly for your scheduled appointment. Late arrival may result in your procedure being cancelled.

After Surgery:

Rest at home for the remainder of the day. **DO NOT DRIVE!** Plan to take the following 1 or 2 days off from work or school.

Eat soft foods and clear liquids for the first 24 hours following surgery. Examples are soup, jello, mashed potatoes, etc. **DO NOT DRINK FROM A STRAW!**

Avoid alcohol and tobacco for one week following surgery.

Before you leave the office, you and your caretaker will receive written instructions for your care at home. You will have the opportunity to ask Dr. Coleman and his assistant questions at this time.

Please Note: NARCOTIC PAIN KILLERS CAN NO LONGER BE CALLED IN TO YOUR PHARMACY
(You must call during office hours to pick-up narcotic prescription refills)

Children are Special:

Drs. Michael and Patrick Coleman, Dr. Foran and our entire team meet the special needs of children by creating a relaxed and comfortable environment. We give them the extra care they need in an unfamiliar setting. To make children feel more at home, we encourage them to bring along a favorite toy and/or blanket.

We encourage parents to discuss the surgery with the child to help alleviate unnecessary stress. Parents are able to wait with the child in the waiting room until he or she goes to the operating room and may rejoin the child as soon as he or she awakens.

PLEASE CALL OUR OFFICE WITH ANY QUESTIONS
704-892-1198